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PRIZE DRAW**



SEX, MONEY AND HIGHER LEARNING

IN PART 1 OF OUR THREE-PART SERIES, 'ROXY' GIVES US AN EDUCATION ON BODY RUB PARLOURS

PAGES 4 & 5

Cops searching for real-life Grand Theft Auto character

St. Thomas man goes on car-stealing rampage **PAGE 3**

... Because I choose not to run (indoors)

Take it outside. Use Metro AR for a step-by-step guide to running a marathon **PAGE 15**

Yes, Leafs lack 'character', 'culture', 'identity' ...

But can Brendan Shanahan change that? **PAGE 17**



THE ULTIMATE FIGHT

Londoner Chad Laprise will be in the live welterweight final of the reality TV series, *The Ultimate Fighter Nations: Canada vs. Australia*, on Wednesday night at the Pepsi Centre in Quebec City. Story on page 6. ANGELA MULLINS/METRO

Premier drops high-speed rail hint for London

Provincial budget. Transportation minister to make announcement within weeks



MIKE DONACHIE
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Wait a minute, she said what? Premier Kathleen Wynne had a shock for London on Monday with a single, throw-away line in a major speech about transportation.

She promised her Liberal government would spend billions over the next decade on transit and transportation infrastructure. About two-thirds of the way through, though, there was a bombshell for southwestern Ontario.

After a reference to "opportunities in under-served areas," Wynne spoke of "getting started on the frequent high-speed rail service all day long between Toronto, Pearson, Waterloo Region and London."

Pressed on the issue, her spokeswoman had little to add.

"We're giving more specifics about our transportation plans in our budget when it comes out," press secretary Rebecca Caldwell said. "And our budget will be coming out some time

in the next few weeks."

Over at the office of Transportation Minister Glen Murray, spokesman Patrick Searle was able to say just a little more. He confirmed that Murray is planning a trip to London within weeks — with a big announcement.

It's been a long time coming, Mayor Joe Fontana said, adding that he had been pressing for high-speed rail since he

part of that high-speed rail proposal."

He was even happier to note that Wynne's pledge of \$29 billion for transit and transportation infrastructure included \$14 billion for projects — roads, bridges and the like — outside the Greater Toronto and Hamilton Area.

Fontana's a member of LUMCO, the Large Urban Mayors Caucus of Ontario, which

Quoted

"We know from previous experience that, with the right partnership with the three levels of government and more, with Quebec, that this would be a viable ... way to connect our cities and towns."

Mayor Joe Fontana, on high-speed rail.

was an MP. "This is music to my ears," said Fontana, who said the last time the idea came up, and involved a line from Windsor to Quebec City, figures of \$8 billion to \$10 billion were being thrown around. That project died when the feds frowned on it three years ago.

"The province of Ontario, Quebec, the federal government and municipalities have been talking about this for a long time," Fontana said. "And of course London would be

has been calling for spending to be spread across the province.

In an email statement, Murray later confirmed to Metro that \$14 billion is the "proportional share" for areas outside the Toronto/Hamilton area.

"It's also important to note that no one in London will be expected to pay for projects in Toronto," Murray said. "All further details will be revealed in the budget, including details on high-speed rail between London and Toronto."

City's music industry task force moves on

Music fund.

Volunteers to come up with ideas for projects



MIKE DONACHIE
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There can't be too many voices in the choir, Mayor Joe Fontana has said as London prepares to grab some music business.

Council members sang the praises Monday of London's Music Industry Development Task Force, which is designed to get money from the Ontario Music Fund. That will, in turn, create jobs by encouraging music industry entrepreneurs in the Forest City, the investment and economic prosperity committee heard.

"This will be led by the

industry," city partnerships chief Harvey Filger said at the committee meeting. "The role of (city) staff will be in a totally support role, not in the lead.

"It's designed to have a fixed term, probably not greater than three months. It should be remembered that the people (on) this task force will be volunteers."

He said it should also have the "broadest possible make-up" from the music industry.

Councillors have been told, that the province has made \$45 million available to music entrepreneurs, and all it takes is the right project for London to grab a share.

The role of the task force will be to share ideas so pitches can happen.

"I'm wondering whether it has enough members," Fontana told the committee, asking for the word "minimum" to be added to the 13-member

Who's on board

There will be at least 13 members of London's Music Industry Development Task Force. That's a minimum of two from each of six areas:

- Independent artists
- Events and venues
- Artist and business management, representation and marketing
- Music creation
- Associations, organizations and partners
- Music award programs

ber structure. The committee voted in favour of his idea.

There are, so far, no costs to the city, the committee was also told. There may be a request for funding later, once ideas are drawn up.

Timmies in the lobby? Council discusses city hall's first floor facelift

Would you like a double-double with your planning application?

That idea percolated up from the mind of Coun. Stephen Orser, who suggested city hall replace its first floor elections office with a Tim Horton's as council members debated changes to the lobby at city hall Monday. But his idea — more of a general statement about how the city could look for partnerships with the private sector — wasn't taken up by city staff.

The strategic priorities and policy committee approved the \$180,000 lobby improvement plans 11-2 after discussing them for an hour. It will mean a facelift for the first floor, where people will be able to discuss planning applications, taxi stickers, pet licences and more.

But councillors raised some concerns. Coun. Joe Swan pointed out gaps in the plans, including the lack of a promised enterprise centre to encourage business. He was told council hadn't allowed a budget for an enterprise centre.

"There's no doubt that we need to do something with that lobby," added Mayor Joe Fontana, who suggested the elections office, which is disused for years in between elections, could become a space to meet citizens privately.

"I think that there is a cost in providing a better service," Coun. Matt Brown said, "but there's a cost in not providing a services as well."

He said the city needs to be helping businesses to be established and to grow.

MIKE DONACHIE/METRO

Delays

Change of plans for ReThink result

The results of London's biggest ever consultation exercise will be released later than planned. Mayor Joe Fontana said Monday that he wants the final draft of the city's new development plan — completed after ReThink London's public consultation process — to be the only item on the agenda when it returns to city hall. Instead of May 5, it will be presented to a city hall committee on May 22. **MIKE DONACHIE/METRO**

Capital funding

Approval for development charge rises

Changes to what developers have to pay the city were approved by an influential city hall committee Monday night. The strategic priorities and policy committee recommends increasing development charges, which are used to pay for capital projects like road repairs. If council approves — and depending on what happens at a public participation meeting May 5 — it will see rates for a single family home to rise from \$23,716 each to \$28,143. **MIKE DONACHIE/METRO**



Harper postpones trip to London for Flaherty's visitation

Prime Minister Stephen Harper's planned Tuesday visit to London has been postponed following the death of former finance minister Jim Flaherty, sources told Metro. A visitation for friends and family of Flaherty has been scheduled in Whitby, Ont., on Tuesday, a day before Flaherty's state funeral at St. James' Cathedral in Toronto. Harper had planned to tour General Dynamics on Tuesday and attend a rally in the city later that evening. It's not known if the visit will be rescheduled. **THE CANADIAN PRESS**

Cycling. Province ready to invest in bike-friendly highways and streets

Ontario Transportation Minister Glen Murray has announced \$25 million for cycling infrastructure on provincial highways and municipal streets over the next three years in an effort to make Ontario Canada's premier cycling province.

The money, the first in the provincial budget that has been specifically set aside for biking, will be for quick wins and pilot projects. But it's a new policy to incorporate cycling in every provincial highway and bridge project that some bike advocates are calling a game-changer.

It means cycling will be automatically incorporated into road works, Murray said Monday at the Ontario Bike Summit.

"The experience of jurisdictions where they do that is it actually doesn't cost you any more because ... you basically integrate it," he said. "From now on, we'll just simply build it in like we build sidewalks unless there's a cost reason."



More money is the one way to improve infrastructure for cyclists, the province says. METRO FILE

The exception will be where it doesn't make sense, where there are sidewalks along highways that aren't being used. Those are being repurposed as active transportation corridors.

Cyclists have been asking for the \$25 million since 2008, said Eleanor McMahon, founder of the Share the Road Cycling Coalition.

TORSTAR NEWS SERVICE

Earth Day. Local bus driver to plant trees, hold parade for a greener world

A London school bus driver plans to hit the road this Earth Day.

Environmentalist Jim Kogelheide has spent the past several years planting trees with children to mark the occasion.

This April 22, he's taking things a step further, organizing a children's parade to go along with the planting.

The event will start in Thames Park at Horton and Ridout streets between

10:15 and 10:45 a.m.

From there, the 25-minute parade will move south on Ridout, east on Grand Avenue and end at Watson Park on Wellington Road.

People who want to participate are being asked to reserve a spot by calling 519-850-5031.

Advance notice is needed so police can get a head count of people involved, organizers say. METRO

Masonville

Poet, novelist coming to local library to share their work

A London poet and an Argentinean novelist are coming to the Masonville library on April 22 to present readings from their newest works.

Poet Laurie D. Graham will read from her collection Rove and novelist

Guadalupe Muro who will read from her new book Air Carnation.

Music will also be performed from Songs for Runaway Girls, featuring original music from the soundtrack for Air Carnation.

The ensemble features Muro and fellow Argentinean musicians Julián Muro and Ana López.

The event runs from 7 to 8:30 p.m. in the library's Sifton Gallery (30 North Centre Rd.) METRO



Harlem Globetrotters star teaches some tricks

Kristianna Toth, 9, learns the first trick in a book of many courtesy of Harlem Globetrotters star Dizzy Grant. Kristianna met the star at the Stoney Creek YMCA Monday. Grant also toured some city schools in advance of the team's Thursday game at Budweiser Gardens. Grant said the game is one of about 275 the team will play on their 2014 Fans Rule Tour. Tickets are still available at the Budweiser Gardens box office and at budweisergardens.com.

SCOTT TAYLOR/METRO

Man wanted for stealing cars in rampage: Police

St. Thomas. Cops were responding to a report of a man who had ditched a stolen Mitsubishi Eclipse for another vehicle



SCOTT TAYLOR
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St. Thomas police are looking for an unidentified man who left a wake of destruction

in his path during a Sunday incident.

Officers were called about 4:23 p.m. to the parking lot of the Rona store at 101 Edward St. They were responding to a report of a man who had ditched a stolen Mitsubishi Eclipse for another vehicle.

Just prior to the call, the OPP had called off a pursuit of the same black Eclipse.

The suspect, described by witnesses as a large Native man, exited the Eclipse and then smashed the window of a 1992 Chevrolet Astro

Van. He managed to bypass the steering-column lock and drove away.

Shortly after that incident, police were called to the Walmart parking lot at 1063 Talbot St. where they were told the suspect had attempted to steal a Cadillac Escalade.

When the owner stepped in to stop him, a physical confrontation occurred resulting in the Cadillac owner being hit in the head with a hammer. The suspect then returned to the Chevrolet van and fled the scene,

police said.

Early Monday, St. Thomas Police received information from Norfolk County OPP that a Chevrolet Astro van, believed to be the one taken from the Rona parking lot, had been recovered after it had been set on fire.

Anyone with information in relation to the case is asked to contact the St. Thomas Police Service or Crime Stoppers.

Follow Scott Taylor on Twitter @taylorinlondon



Contemporary dance festival coming to London



A performance of Klorofyl.
CONTRIBUTED

The FLUX London Dance Festival is set to fill the city with movement at the end of May.

The festival runs May 22-25 with a variety of performances, workshops and, in general, the goal of inspiring a love for dance.

"Dance is often an overlooked art form in London," says Bizz (Elizabeth) Varty, who co-founded the festival with fellow dancer Lacey Smith. "We hope this festival will be an inspiration for the many dance students in town

and something the whole community can enjoy."

Tickets are now on sale for the FLUX Mainstage Series, which will bring contemporary dance companies to the McManus Theatre on May 24.

The show features Gadfly's award-winning street dance Klorofyl along with Ginette Laurin's The Edge of Now performed by soloist Heidi Strauss.

As part of the dance festival, artists will be at

various downtown London landmarks with site-specific performances on May 23. Four dance companies will perform in Ivey Park through the day on May 24.

The festival also includes an all-ages studio workshop with Gadfly and a master class with Strauss.

Tickets for the Mainstage Series are available through the Grand Theatre box office. Check fluxdance.ca for details.

METRO

Last December, the Supreme Court of Canada ruled unanimously that the country's prostitution laws are unconstitutional. The federal government was given a year to decide next steps. In the meantime, "red lights" across the country are operating in a grey zone, as sex workers, local governments and the public wait to see what will happen.

Massaging the law



Edmonton massage parlour worker Elizabeth says she and her sex-working alter ego "Roxy" are "two very different people." STEPHANIE DUBOIS/METRO

Walk down the streets of any large Canadian urban centre, and you will come across that ubiquitous flashing neon sign advertising "massage." Inside, the masseuses may offer a lot more. In light of the void in sex-for-sale legislation, Metro Canada is taking a look at what the current climate means for massage parlours.

In this three-part series, we talk to some of the people directly and indirectly involved in Edmonton's 42 body rub parlours.

Over the next three days, Metro will share the stories of the women who work in the establishments, the people who own them, the people who regulate them and the people who use them.



STEPHANIE DUBOIS
Metro in Edmonton

It's a regular evening and a client has just walked into the massage parlour where Elizabeth — who introduces herself as Roxy — works.

Wearing a seductive dress, she greets the client by first introducing herself and asking him if he is interested in her, or would prefer meeting one of her co-workers.

If Roxy — she specializes in domination, fetishes and fantasies — is chosen by the client, she will take the man into one of the rooms to discuss the details of his experience, as well as pricing.

Roxy is chosen.

After hopping into the shower for a quick wash, Roxy starts massaging her client. Like most of her work appointments, it leads to sexual services both she and her client both agree to.

"We offer anything from hand jobs, blow jobs to sex. Every girl offers different stuff," Elizabeth said.

The part-time political science student at the University of Alberta says that in Edmonton, some of the women working in the sex industry have started offering a popular service called "the girlfriend experience," when clients are able to kiss and perform oral sex on the masseuses.

"I refuse to do that because of STIs and, unfortunately or fortunately, I don't know, it's the big seller right

now in Edmonton," she said.

Working in the sex industry in Edmonton was never something Elizabeth said she imagined for herself. She first became a sex worker while travelling in Australia. When she ran out of money, she asked a friend working as a bouncer for job recommendations. Unbeknownst to Elizabeth, her friend sent her to a bawdy house.

"I walked into a brothel with a resumé — which was entertaining in hindsight. I wondered, 'Why are there girls in skimpy dresses everywhere?'" Elizabeth remembers wondering.

She ended up working as a receptionist at the brothel, where she greeted clients and offered drinks. After moving to Brisbane and running out of money again, she turned to a nearby brothel looking for a similar job. Instead, she was asked if she wanted to be a "working girl".

"I thought, 'Well, I could live in a hostel for two days, then I'll be broke and sleeping on the beach, or I could do this. Everyone said it's like having a one-night stand, so I started working,'" she said.

Working on and off in the industry in both Australia and Canada for four years, Elizabeth estimates she has slept with over 1,000 men during her time as a sex worker. Her income: An average of \$4,000 to \$5,000 a month.

"It's never been stable. I can't do it for more than four to six months before I need

Anatomy of a client

Elizabeth, a.k.a. Roxy, said her clients generally fit into three different categories.

- **Client 1.** "They either have physical deformities: so missing a leg, blind, deaf, not stunningly attractive and would have a hard time picking up at the bar."
- **Client 2.** "The second group is working the trades. They work up north, have a ton of money but they don't have a lot of time for a girlfriend."
- **Client 3.** "My third group is 'bored with wife, bored with life.' They're middle-aged to slightly older, bored with the wife, work well-paying jobs ... business suits, white collars."

something mentally stimulating," she said.

Practising yoga and watching cartoons like *Sleeping Beauty* are just some of the ways Elizabeth disconnects from her clients and her work in order to stay mentally healthy.

Currently single and still pursuing her political science degree, Elizabeth plans to leave the business that helps her pay the bills and also helps her gain a better appreciation for true love-making.

"It's a very special thing when you find somebody. What I do at work is not what I do at home. What I do at work is like riding a bicycle or those last three blocks when you drive home. You're not really there, you're just going through the motions. That's exactly what I do at work," she said.

"The vast majority is an act. It's step one, step two, step three. I'm thinking about my grocery list, I'm thinking about what I'm going to do with the money I just made. When I'm at work I'm Roxy, I'm not Elizabeth. They're two very different people."

Limit to her 'love'

"What I do at work is not what I do at home. What I do at work is like riding a bicycle.... You're not really there, you're just going through the motions."

Edmonton massage parlour worker Elizabeth, who goes by the working name "Roxy"

For several years Edmonton has been actively regulating the parlours — where sex is discretely on sale — by instituting regulations on where they can be located and how they must have at least two employees at the establishment at all times. While the federal government aims to redraft the country's prostitution laws, Edmonton's 42 body rub parlours continue to operate from 7 a.m. to 11 p.m., seven days a week, making the city an interesting case study on prostitution's current legal grey zone.



Massage parlour owner Sara says she creates personal bonds with her clients beyond the sex acts she performs on them. ISTOCK IMAGE

Parlour owner loves job, 'not because of the sex'

- **What do you think?** Parlours can be found across Canada, maybe even close to your home. Visit metronews.ca/features/massage-parlours to give us your thoughts on these businesses, their workers and those who visit them and follow @metropicks to tell us what you think about body-rub parlours.

This image was created using some of the words and phrases commonly found on signs and ads for massage parlours. METRO



Londoner a bout away from UFC contract, \$100,000

Reality series. MMA fighter Chad Laprise to take on fellow Canadian in televised welterweight title fight



DAVE LANGFORD
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Chad Laprise is on the verge of a \$100,000 payday.

The London-based mixed martial artist is in the live welterweight final of The Ul-

timate Fighter Nations: Canada vs. Australia, on Wednesday night at the Pepsi Centre in Quebec City.

Laprise, 27, will be fighting Olivier Aubin-Mercier of Boucherville, Que., at about 7:30 p.m., with the winner taking home a UFC contract worth \$100,000.

The show, which features 13 bouts, will be televised live on Sportsnet 360 in Canada and also appear on FX Australia and Fox Sports 1 in the United States.

Laprise has won both his fights to date in the fifth edi-

Tougher than the fighting itself

"Just being on film every day, 24 hours a day ... It was not my cup of tea."

Chad Laprise, on the cameras and The Ultimate Fighter Nations: Canada vs. Australia.

tion of the reality TV series that goes by the same name.

He was one of eight welterweights and eight middleweights in the competition with the fighters divided evenly between Canada and Australia. Six weeks of taping ended in December.

Fighting out of the Ad-

renaline Training Centre in London, Laprise said the actual fighting itself was not the toughest part of the competition.

"(The reality series) was definitely harder. Just being on film every day, 24 hours a day," he said. "It was not my cup of tea."

"Not having a private space. Not being able to talk to my family. They isolate you from the whole world. You're in your own little bubble."

Laprise said it will be difficult fighting a Canadian teammate in the final.

"It would be easier if I was fighting an Australian, but that's just the way that things happen. That's the business we are in," he said. "You don't want to fight your teammates if you can at all avoid it."

Win or lose, Laprise said he will be taking some time off after the competition.

'He belongs there'

Laprise's time is now, retired UFC fighter says

Retired UFC fighter Mark Hominick said it's about time Chad Laprise was front and centre in a mixed martial arts competition.

"He's one of those guys that just needed a spot to showcase his talent," said Hominick, one of the owners of Adrenaline Training Centre in London where Laprise trains. "This show is a perfect opportunity for him."

Hominick said Laprise, nicknamed The Disciple, is "very, very morally driven and a fantastic human being."

Laprise's striking ability is "second to none," according to Hominick. His other strengths include boxing and his ability "to fix the holes in his game," such as wrestling and jiu-jitsu.

"People are going to support him, people are going to want to see him succeed," Hominick said. "I have full confidence that he's going to win the show, but if he doesn't, I don't see him not competing in the UFC because he belongs there on all levels."

DAVE LANGFORD/METRO



Canadian fighters Chad Laprise, left, and Olivier Aubin-Mercier, right, will square off Wednesday for the welterweight title of The Ultimate Fighter Nations reality TV show. THE CANADIAN PRESS

Traffic enforcement

Drivers rapped for school zone violations in blitz

Woodstock police say distracted driving and disobeying traffic rules in school zones are leading the pack in tickets issued during a spring crackdown.

Police started the traffic enforcement campaign at the beginning of the month with the goal of reducing crashes.

Since then, 91 provincial offence notices have been

issued — 14 of which were for school zone violations. Seven tickets have been issued for distracted driving and five for seatbelt violations, police said.

The enforcement campaign will continue into May. **METRO**

Park's spring season

A Storybook beginning this Easter weekend

Storybook Gardens is getting ready to throw the

doors open on spring.

The city-owned west London attraction will open Friday and stay open on weekends through April 30. Hours are 10 a.m. to 5 p.m.

The park will start opening through the week on May 20 and officially mark the start of its summer hours on June 27.

Admission for the Easter weekend — and through the rest of April — is \$4.25 for adults, \$3.25 for children two to 17 years old and \$13 for a family of two adults and two children.

Check storybook.london.ca for details. **METRO**

Windy and wet. Winter is the new spring

Just when it seemed like the region had seen the last of a long winter, it's returning for one more blast.

After weather fit for short sleeves and sandals Sunday, rain began to fall and the temperature plummeted from 16 C at 3 p.m. Monday to 9 C just an hour later.

And that's as good as it'll get until Thursday afternoon.

The forecast for Monday night was for the mercury to drop all the way to a frigid -10 C overnight, rising to just above zero Tuesday.

Hold on to your hats

85

Winds expected to gust as high as 85 kilometres per hour could cause trouble, Middlesex OPP say.

Environment Canada said a sharp Arctic cold front swept across the area forcing temperatures to plummet dramatically.

About two centimetres of snow was also predicted with

the possibility of freezing rain into Tuesday.

Middlesex OPP Const. Laurie Houghton said winds expected to gust as high as 85 kilometres per hour could cause trouble.

"The wind is blowing debris onto the roads, there is an increased risk for wires to come down and we need drivers to be prepared and expect the unexpected," she said.

The forecast for Wednesday is a high of 4 C. Temperatures are expected to return to near normal by the end of the week.

SCOTT TAYLOR/METRO

Not-for-profits. Local groups get Trillium boost

Ten not-for-profit and charitable organizations in London have been awarded Ontario Trillium Foundation grants.

The funding is designed to help them deliver programs and services that will benefit those in the London area.

Among them is the Muslim Resource Centre for Social Support and Integration, receiving \$129,800 over two years to develop and implement a culturally integrative family safety response model.

"This support will help us consolidate over five years of research, experience and knowledge into the development of cohesive tools and resources to reduce the gap between traditional service providers and the complex needs of families from collectivists backgrounds," Muslim Resource Centre executive director Dr. Mohammed Baobaid said. Other groups receiving money are: Alzheimer Society London and Middlesex: \$133,100 over three years for new recreation

programs.

- Crouch Neighbourhood Resource Centre: \$89,000 over two years for a food literacy program.

- Holy Cross Romanian Orthodox Parish of London: \$33,700 in one year for building upgrades.

- London Community Players: \$102,000 in one year for facility upgrades.

- Pillar Nonprofit Network: \$274,000 over two years for an innovation lab and social innovation space.

- St. Joseph's Hospice of London: \$70,000 over two years to hire a spiritual care coordinator.

- Thistle Lawn Bowling Club: \$16,000 in one year for facility upgrades.

- University of Western Ontario Research and Development Park: \$157,200 over three years for a lab to help researchers/entrepreneurs turn ideas into prototypes.

- Upper Thames River Conservation Authority: \$76,700 over two years to restore Dorchester Mill Pond ecosystem

SCOTT TAYLOR/METRO

Astman, Kirkpatrick. New exhibitions coming to McIntosh Gallery

Work from contemporary Canadian artists Barbara Astman and James Kirkpatrick is coming to Western University's McIntosh Gallery.

The collection of photographs titled Barbara Astman I as artifact presents an array of face-like constructions set on a backdrop of black. Each face appears to be caught in a moment of time and is meant to challenge people to consider the masks they wear daily.

In his collection, Secret Base by the Lake, London-born artist James Kirkpatrick mashes science fiction and cartoons.

The collection features work created since 2011, including new pieces made especially for the show.

Both exhibitions open on Thursday with a public reception at 7:30 p.m. April 24. They continue through June 7. Check mcintoshgallery.ca for details.

METRO

Accepting applications. Habitat looking for families

If you think you might be a candidate for a Habitat for Humanity home ownership project this summer, it's time to apply.

Applications are now being accepted.

Londoners can find out how the process works by attending a meeting May 1.

The meeting takes place at the Central Library's Stevenson and Hunt Meeting

Room A from 6 to 7:30 p.m.

The process is based on three criteria: A need for housing; willingness to become partners in the program; and the ability to repay the no down-payment, interest-free mortgage that is geared to income.

For more information, call 519-455-6623, ext. 229.

METRO



Barista Anna Carroll serves up the goods at Locomotive Espresso, the new kid in town in the specialty coffee market. SCOTT TAYLOR/METRO

Lawyer called to coffee bar this year

Locomotive. New café celebrates its grand opening



SCOTT TAYLOR
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The partnership seems to go hand in hand.

A lawyer who's tasted some of the best coffee in the world brings that knowledge home and opens an eclectic café across the street from his office.

Those are the ties that now happily bind Siskinds

lawyer Charles Wright and his new endeavour, Locomotive Espresso, located at Pall Mall and Colborne streets.

The doors have been open since February, though Locomotive celebrated its official grand opening on Saturday.

So far, so good, said Wright, adding that a love of coffee and small, independent coffee bars started him on this new career track while he continues his work with the firm.

"I've never been in the coffee industry; I'm a lawyer. But my practice and various different cases I worked on

took me to some great coffee places," he said.

He listed Vancouver, San Francisco and Melbourne, Australia, as a few destinations that have piqued his taste buds.

"And my wife and I have been to Italy a few times and what stuck out for us was we liked to go for a walk and end up at a great little coffee bar," he said.

"We thought we'd love to have that in our own city, so it was like Field of Dreams. 'If you build it, they will come.'"

Coffee hubs have been popping up with more regu-

larity in the city lately and Wright said he isn't surprised.

"If you went to New York five years ago, your choices for a really good, hand-crafted coffee with fresh beans would've been limited," he said.

"Now if you go there and do just a little bit of research, every neighbourhood has a couple of different wonderful little choices."

Locomotive also offers a toast bar — which includes specialty breads and jams — and an assortment of fresh food from local businesses located just minutes away.

Western aims to serve indigenous community

Western University has revamped its long-standing Aboriginal Education and Employment Council (AEEC), giving it a new mandate and a new name.

The new Indigenous Postsecondary Education Council (IPEC) will play a key role in the development of a multi-year Indigenous Strategic Plan

for the university, officials announced Monday.

The committee is comprised of people with diverse backgrounds and a common interest in improving the outcomes in indigenous postsecondary education. Members include Western senior administrators, local First Nations communities and organ-

izations, indigenous students, faculty members and staff.

Among other things, the committee will be charged with strengthening community outreach; enhancing indigenous student representation and retention; increasing representation of the indigenous community on staff and in faculty; and offering more in-

digenous content in programming and courses.

"Western's five-year strategic plan targets a commitment to indigenous education, and we believe that commitment is stronger than ever," said Angie Mandich, Western's associate vice-president of student experience and IPEC co-chair. METRO

Red Deer

Alta. company pleads guilty for shipping to Iran

An Alberta company has pleaded guilty to shipping a product to Iran that is banned because it could be used in the nuclear industry. Lee Specialties Ltd., of Red Deer, has pleaded guilty to one charge of violat-

ing the Special Economic Measures Act and has been fined \$90,000. Police say the investigation began three years ago after Canada Border Services Agency officers intercepted Viton O-rings from a cargo shipment at Calgary International Airport that was destined for Iran.

Viton is a form of synthetic rubber that can be used in the oilfields or in nuclear programs.

THE CANADIAN PRESS

France

Police testing all males at school for rape case DNA

French investigators began taking DNA samples Monday from 527 male students and staff at a high school as they searched for the assailant who raped a teenage girl on campus. Testing at Felon-Notre Dame high school is

expected to last through Wednesday. Prosecutor Isabelle Pagenelle said the choice is simple. "Either I file it away and wait for a match in what could be several years, or I go looking for the match myself."

Christopher Mesnooh, an American lawyer in Paris, said the decision involves balancing privacy rights against what happened to the girl.

THE ASSOCIATED PRESS

Bolivia

Villagers send two men to hospital after alleged thefts

Bolivian authorities say Amazon villagers nearly killed two young men after tying them to a tree swarming with the venomous ants for allegedly stealing three motorcycles.

Dr. Roberto Paz said that

one of the men remained in intensive care while the other suffered kidney failure.

The ants live in symbiosis with the triplaris tree variety. Their venom has anti-inflammatory properties and is used as a traditional cure for arthritis.

A sister of one of the men said that the men were freed after relatives paid \$3,700 as compensation for the motorcycles.

THE ASSOCIATED PRESS

Accused woman says she killed six of her newborns

Utah. Police say she then wrapped them up and left the bodies in boxes

Authorities say a U.S. woman accused of killing six babies she gave birth to over a period of 10 years told investigators that she either strangled or suffocated the children and then put them inside boxes in her garage.

According to a statement released by police Monday, Megan Huntsman said that between 1996 and 2006, she gave birth to at least seven babies at her home and all but one of them were born alive.

Huntsman, 39, said she killed them immediately after they were born, and put their bodies inside boxes. She said each baby was wrapped in either a towel or a shirt, and placed in a plastic bag.

Huntsman is being held on \$6 million bail — \$1 million for each baby she's accused of

killing.

Huntsman was arrested Sunday on six counts of murder after police found the infants' bodies. A seventh baby found appears to have been stillborn, Utah County Attorney Jeffrey Buhman said.

Formal charges have not yet been filed against Huntsman and no other arrests have been made but Buhman said the investigation remains open.

Police Capt. Michael Roberts said officers responded to a call from Huntsman's estranged husband, who found the first body. Neighbours identified him as Darren West.

Investigators believe West and Huntsman were together when the babies were born, but don't believe he was aware of the killings. Huntsman also has three daughters — one teenager and two young adults — who lived at the house.

Neighbours in the middle-class neighbourhood of Salt Lake City say they were shocked by the accusations.

THE ASSOCIATED PRESS



Authorities investigate a crime scene at a house in Pleasant Grove, Utah, on Sunday. According to police, seven dead infants were found in the former home of Megan Huntsman, 39. MARK JOHNSTON/THE ASSOCIATED PRESS

Psychology

Women who kill their kids

Most women who kill their children do so by neglect and/or on purpose, said Cheryl Meyer, a psychology professor at Ohio's Wright State University.

Meyer said another common category is the "concealer," a woman who hides or denies her pregnancy and then seeks to dispose of the baby.

The concealers are typically teenagers who get pregnant, are scared and don't want to tell their parents, said Meyer. "They're not 30-year-old women who can go have an abortion."

Safe haven laws allow women to drop off unwanted newborns to authorities with no questions asked.

THE ASSOCIATED PRESS

Cops: Teens not facing 'run-of-the-mill charges'



Doreze Marvin Beals leaves the courthouse in Nova Scotia. CONTRIBUTED

The head of the Halifax integrated vice unit says the case involving two young men and a laundry list of criminal charges is one that makes cops "stand back and take note."

Doreze Marvin Beals and Andre Jerome Gray appeared in Dartmouth provincial court Monday, facing charges that include human trafficking, kidnapping, sexual assault and gang sexual assault.

The two 18-year-olds were arrested after RCMP say a 15-year-old girl was held against her will in a North

Preston home and sexually assaulted.

"Those are not your run-of-the-mill charges," said Det. Andrew Matthews. "We take them very seriously."

Police were called to North Preston for a reports of shots fired at a home on Clarence Street just before 9 p.m. April 10. They found the young victim, who told police she'd been held in the basement of another home on the street for two days before she'd escaped.

One of the two suspects was arrested in the area Thurs-

day evening. The second was arrested later in Windsor.

Matthews said investigators are considering the possibility the girl was going to be forced into prostitution. He added that it's possible the two accused weren't acting alone.

"I think police have to look at the possibility that there is a network involved," he said.

He said one of the most striking aspects of the case is the young age of not only the victim, but the two accused.

"That's tragic too," Mat-

The accused

Doreze Marvin Beals and Andre Jerome Gray are scheduled to appear in Dartmouth provincial court on Wednesday morning for a bail hearing.

thews said.

"It's one of those that police officers, no matter how much time they have on, they stand back and take note."

RUTH DAVENPORT/METRO IN HALIFAX

Lev Tahor. Judge rules kids from ultra-orthodox group can remain in Ontario

A judge in Ontario has ordered that a group of children in an ultra-orthodox Jewish sect do not have to be sent back to Quebec.

The 13 children are part of a group known as Lev Tahor that left Quebec late last year amid a child protection case and settled in Chatham, Ont.

An earlier court decision ruled in favour of a Quebec court decision ordering the children into care there. But today Ontario Superior Court Judge Lynda Templeton overturned it.

She ruled that the Children's Aid Society in Chatham will continue to investigate the families and the matter will now go to provincial court to determine whether the children are in

Avoiding upheaval

Judge Templeton says in her decision that to put further upheaval in the children's lives by sending them back to Quebec would have "disastrous" emotional consequences, and they should not bear the consequences of their parents' flight.

need of protection.

Seven of the children were placed in care last month after Templeton issued an emergency order because the families fled the country ahead of the appeal hearing, while the other six are believed to still be in Guatemala. **THE CANADIAN PRESS**

Books. Would-be censors want Captain Underpants yanked down — off shelves

The potty humour of Captain Underpants and the mature exploration of race and family violence by Toni Morrison in *The Bluest Eye* would seem to have little in common.

But among some parents, educators and others, the works fall into the same category — they're just too offensive and should be restricted or removed from library shelves.

The American Library Association published its annual State of the Libraries report Sunday, which included its list of works most frequently "challenged" last year at schools and libraries.

Dav Pilkey's bestselling *Captain Underpants* series topped the list. The reasons cited in-

'S' size, 'XL' voice

"Of course, only a tiny percentage of adults are complaining. Kids love the books, and fortunately, most parents and educators do, too."

Dav Pilkey, author and illustrator of the *Captain Underpants* series of books

cluded "offensive language" and material unsuited for its targeted age group.

The Bluest Eye, Morrison's first novel, was runner-up, also criticized for language, along with violence and sexual content. **THE ASSOCIATED PRESS**

WikiLeaks

Manning's 35-year prison sentence upheld

An Army general is upholding Chelsea Manning's conviction and 35-year sentence for giving classified information to the anti-secrecy website WikiLeaks.

The Military District of Washington said Monday that Maj. Gen. Jeffery Buchanan has taken final action in Manning's court-martial.

Manning was sentenced in August 2013 for six Espionage Act violations and 14 other offences for leaking more than 700,000 secret military and state department documents while serving in Iraq in 2009 and 2010.

As commander of the jurisdiction in which the trial was held, Buchanan could have approved or reduced the court-martial findings.

His action clears the way for an automatic appeal to the Army Court of Criminal Appeals. **THE ASSOCIATED PRESS**

Ontario suicide attempts shared with U.S. officials

Special report.

Province's privacy watchdog blasts police for handing sensitive mental health info over to Americans

Quoted

"There is nowhere that we found where there's any mandatory obligation on the part of CPIC to say you have to disclose this information. That's nonsense. It doesn't exist."

Information and Privacy Commissioner Ann Cavoukian, saying there is no legal requirement that suicide attempts be entered into the Canadian Police Information Centre database, which is shared with American officials.

Ontario's privacy watchdog issued a special report Monday demanding police stop sharing information about suicide attempts with U.S. officials, who used the mental health data to block at least four Canadians

from entering the United States.

"I found it so unnerving to think about the humiliation and embarrassment that an individual would feel upon arriving at the airport and being

denied entry into the United States because they learned from a U.S. border crossing official that they had access to their highly sensitive personal information about a past suicide attempt," said Information

and Privacy Commissioner Ann Cavoukian. "Can you imagine?"

The Canadian Mental Health Association said Cavoukian's report highlights "significant grey areas" in terms of police reporting on suicides, and called for more study about the disclosure of police records.

"Mental health police records are not criminal records and should not be treated as such," said the association's Ontario CEO, Camille Quenneville. "Standardizing the protocol for disclosure would be welcome."

THE CANADIAN PRESS



Stop, look, listen: I think I spy a possible new Banksy piece

A new street art piece appeared in Cheltenham, England on Monday, leaving many to suspect street artist Banksy has struck again, leaving an espionage-themed piece in the hometown of Britain's electronic spy agency. The piece depicts three figures in trench coats snooping on a telephone booth. Cheltenham is home to GCHQ, Britain's electronic eavesdropping agency, which found itself in the spotlight after some of its covert activities were revealed by former NSA contractor Edward Snowden. **BEN BIRCHALL/THE ASSOCIATED PRESS**

Prosecutor keeps pressure on Pistorius



Oscar Pistorius in Pretoria, South Africa, Monday. **THE ASSOCIATED PRESS**

Oscar Pistorius came under intense pressure Monday at his murder trial from the chief prosecutor, who dismissed his account of how he killed girlfriend Reeva Steenkamp as a flimsy web of lies and accused the Olympian of staging emotional outbursts to mask difficulty in answering a barrage of probing questions.

His voice quavering at

times, Pistorius struggled to explain alleged inconsistencies in his testimony and broke down sobbing on two occasions, forcing Judge Thokozile Masipa to temporarily halt proceedings.

Prosecutor Gerrie Nel was sometimes quick to acknowledge Pistorius' distress, but also said the athlete was frantically trying to shore up a

fabricated story.

"You're getting frustrated because your version is improbable," Nel said. "You're not using your emotional state as an escape, are you?"

Pistorius said he wasn't in a "rational frame of mind" at the time of the shooting in his home in the early hours of February 2013.

THE ASSOCIATED PRESS

Heartbleed likely 'largest flaw' to ever hit Internet

Expert. News 900 SINS stolen from CRA is just the 'tip of the iceberg'

The fallout from the Heartbleed bug could go far beyond just 900 social insurance numbers compromised at the Canada Revenue agency.

Alberta computer security expert John Zabiuk suspects there's a wave of problems coming.

"Right now, we're just seeing the tip of the iceberg," he said. "This is probably the largest flaw that's hit the Internet in history."

Zabiuk is with the Northern Alberta Institute of Technology in Edmonton, where, as an ethical hacker, he teaches students to protect computer systems by approaching the problem from a hacker's perspective.

The revenue agency says

BlackBerry Messenger

BlackBerry says Apple iPhones and Android devices running chat software BlackBerry Messenger face an "extremely small" risk from the Heartbleed software bug.

- The bug is caused by a flaw in OpenSSL software, which is commonly used on the Internet to provide security and privacy.

it's analyzing data to determine what else might have been siphoned out. Zabiuk says officials are likely to discover a much bigger cache of information has been compromised.

"Realistically, with over two-thirds of all servers compromised online with this vulnerability, we're going to be seeing a lot more fallout from this," he said. **THE CANADIAN PRESS**



Uber aims to hail customers in Asia

Taxi cabs stand at a parking lot at the airport in Mumbai, India. Taxi-hailing smartphone app Uber is making a big push into Asia with the company starting operations in 18 cities in Asia and the South Pacific including Seoul, Shanghai, Bangkok, Hong Kong and five Indian cities in the last year.

RAJANISH KAKADE/THE ASSOCIATED PRESS

Smartphone wars

iPhone's smaller size a big hit: Study

Samsung's new Galaxy S5 smartphone is more durable than last year's model and other leading Android phones, but the iPhone 5s outperformed

all of them in part because of its smaller size, a new study finds.

The S5 scored well given its water resistance and a sturdy back panel made of plastic, according to SquareTrade, a provider of extended protection plans.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
91.30¢
(+0.22¢)

Natural gas: \$4.56 US (+\$0.06)
Dow Jones: 16,173.24 (+146.49)

TSX
14,284.43 (+26.74)

OIL
\$104.05 US (+\$0.31)

GOLD
\$1,327.50 US (+\$8.50)

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HAIR-RAISING TALES FROM DOWN UNDER

Practically all women are born with hair on their body — some much more than others, thanks to various different biological factors — and yet we spend an untold amount of time and money attempting to rid ourselves of it.

Veet, a purveyor of numerous at-home hair removal products, recently found itself in a sticky situation (pun very much intended) after launching a new advertising campaign that suggests women are allowing their naturally occurring body hair to turn them into dudes. The commercials, which have since been pulled from the beauty brand's Facebook page, feature a series of women who transform into grizzly looking men after forgetting to attend to their armpit and leg hair after a mere 24 hours.

The videos are intended to be funny but they come across as sexist and ignorant. According to Veet, the only way to “feel womanly around the clock” is to go on the offensive against your own body and never ever allow a person of the opposite



SHE SAYS
Jessica Napier
metronews.ca

sex to see you *au naturel*. Women are expected to eradicate every single strand of hair that isn't deemed acceptable on an idealized “feminine” figure.

Personally, I've never been interested in any sort of hair removal process that involves an unnecessary amount of pain, especially when it comes to my bikini line. The idea of undressing in front of a complete stranger and asking her to yank strips of paper covered in hot wax from my nether regions has never appealed to me. The idea that I should be paying to have this agonizing service performed on me every four to six weeks — laughable.

And yet, after years of peer pressure, my meddling friends finally managed to convince me that I was missing out on some sort of rite of passage and should just give it a try. This is why I recently found myself popping two extra-strength painkillers and laying down for my first Brazilian waxing experience, because if I was going to do this, I thought I should go all the way.

About 10 seconds into the excruciating process I wimped out and requested something a little less extensive. I felt my dignity being stripped away from me quite literally as I winced and yelped my way through the 15-minute appointment.

“It will feel better next time,” the aesthetician promised me. With tears streaming down my face, I couldn't find the words to tell her that I didn't think there would be a next time. I paid the requisite \$40 for the pleasure cruise and raced home to curl up in bed with a glass of wine and an ice pack on my crotch.

Needless to say, that was probably my first and last bikini wax. I can't imagine I'll start investing hundreds of dollars a year to achieve an unnatural Barbie doll look.

Personal grooming is ultimately about individual choice; you can pluck, wax, trim and laser off as much or as little as you want, wherever you want.

And no woman should be shamed for the decisions she makes about what happens — or doesn't happen — when it comes to her hair down there or anywhere else on her body.

Follow Jessica Napier on
Twitter @MetroSheSays



ZOOM

Picnic instead of picket



OLISCARFF/GETTY IMAGES

Women eat on Tube to protest website

Women eat on a Circle Line Underground train in protest of the Women Who Eat on Tubes website on Monday in London, England. The Women Who Eat on Tubes blog invites members of the public to upload images of women eating on the London Underground and has received thousands of followers plus numerous accusations of misogyny. **METRO**

Organizer says

“People say it's not about gender. If it was just people eating on the Tube you could bring in the question of privacy, but it's not — it's just women. You can't ignore that.”

Organizer Alexis Calvas told *The Independent*

The event's Facebook page had 500 participants, and organizers encouraged those who couldn't attend to raise awareness with the #eatonthetube hashtag.

Also seen on transit

- @dreaminontransit is an Instagram account that stealthily snaps photos of people napping on Vancouver transit and has attracted over 4,000 followers since January.
- Awkwardtransit.com is your odd collection of transit riders, including some holding the pole with unexpected body parts.

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MetroTube

Swedes hanging out in circus class

ANDREW FIFIELD
metronews.ca

So how about starting your morning off with a little light trapeze, courtesy of the absurdly flexible Swedish duo of Robyn and Linn. The pair are currently enrolled at Stockholm's University of Dance and Circus, because apparently being home to one of the world's most vibrant music scenes doesn't provide enough options for entertainment in that city. They also need to open their doors to the country's finest physical performers, as well.



YOUTUBESCREEN GRAB



2 SCENE

On new album, the Hold Steady grows up

Teeth Dreams. Band shows that rock 'n' roll doesn't have to be 'about a teenager and a convertible'

NOLAN GAWRON

Metro World News in New York

Throughout their 10-year career, the Hold Steady have strategically amassed a catalogue of songs often centred on a recurring group of characters. Craig Finn introduced listeners to tragic heroes and fallen friends caught up in the partying lifestyle, formed from the amalgamation of acquaintances and fictional figures.

His spoken delivery embraced witty double entendres, juxtaposing modern jargon with scholarly diction as he portrayed the ups and downs of the down-and-outs.

And somehow, he always seemed to stay positive.

With *Teeth Dreams*, the band's sixth studio album and the first on their own Washington Square label, hitting stores late last month, Finn's songs seem to have naturally evolved from the post-adolescent party to the inevitable adult hangover.

These are cautionary tales and proof that yesterday's kicks become tomorrow's bruises.

"It's definitely the dark-



Craig Finn of the Hold Steady. GETTY IMAGES

est Hold Steady record," says Finn.

"While the others had been especially hopeful and maybe positive and optimistic, this one may hold back on that optimism a bit. Writing this record, I wasn't in a particularly bad

place or anything, I was just fascinated with anxiety and the idea of mental health and the way we treat it nowadays and the way we deal with our neuroses."

With such a repertoire of decadent characters, Finn says that his narra-

Quoted

"I'm trying to write characters that are a little older."

Craig Finn of the Hold Steady, on his songwriting process for the band's new album

tive had to change and that those wandering from the straight-and-narrow will inevitably fall.

"We started the band 10 years ago, and for the past 10 years I've known a lot of people close to me that have struggled with substance abuse and mental health issues," he says.

"I'm 42. When you're 32 you might still be going along and having a good time, but at some point it starts to drag you down. ... [Now] I'm trying to write characters that are a little older.

"I think that's a challenge, and it always has been. Rock 'n' roll is often about a teenager and a convertible. ... It's 50 and 60 years old now, so it doesn't have to be. Great artists like Bruce Springsteen and Neil Young have written great songs about adults."

Towering guitar solos that were hinted at before are now realized in skyscraping realities.

The guitars have finally soared to reach Thin Lizzy heights, while Finn's lyrics are still born to run.

Review



Philomena

Director. Stephen Frears

Stars. Judi Dench, Steve Coogan

Philomena transcends the usual odd-couple hijinks we'd expect from the pairing of Dame Judi Dench and the comic Steve Coogan.

Director Stephen Frears tells a story from true life: Dench's Philomena Lee is a devout Irish Catholic whose teen pregnancy in the 1950s got her banished to the Magdalene laundries, where Catholic nuns enslaved "fallen women" while cashing in on secret foreign adoptions for the children. Philomena lost her three-year-old son Anthony in this way, leaving her with only a single furtive photo of him. Determined to find him 50 years later, she enlists the aid of cynical BBC correspondent Martin Sixsmith (Coogan). The standard friction ensues. Yet they find common cause in their dogged search for Anthony, as the trail leads from Ireland to Washington, D.C. Philomena becomes something of a comic thriller. Dench is reliably great, a recent best actress nominee for her work. But it's Coogan who really impresses, playing a screen journalist who for once feels true to life.

PETER HOWELL

Depp prefers the painted roles

Transcendence. Actor ditches all the makeup to play a computer genius in sci-fi tale



NED EHRBAR

Metro World News in Hollywood

Fans of Johnny Depp may be startled to discover that in his latest film, the techno-thriller *Transcendence*, the

chameleon-like actor looks like ... Johnny Depp.

"I knew right off the bat there was no need to go into pink-haired, clown nose, Ronald McDonald shoes," says Depp, who has made a habit of taking on roles that involve more than a little white face paint, from Tonto in the Lone Ranger to the Mad Hatter in *Alice in Wonderland*.

But the most makeup Depp hides behind in *Transcendence* is only there to

show the physical deterioration of his character, computer genius Will Caster, after he gets radiation poisoning.

"It's always more difficult and slightly exposing to play something that's close to the surface, something that's close to yourself," Depp says.

"I always try to hide because I can't stand the way I look, first. I think it's important to change every time, and come up with something that's as interesting as you

can for your characters."

Eventually Dr. Caster's consciousness is uploaded to a massive computer, keeping him "alive" but turning him into a ghost in the machine — and a face on a video screen.

"I did feel a little bit like Max Headroom," Depp admits. "I guess the worst part is I liked it. I liked being in my little dark room, and [my co-stars] were on the other side. We couldn't find each other sometimes."



Johnny Depp stars in *Transcendence*, which opens Friday. CONTRIBUTED

Love Letters from across the pond

Metronomy. English electro-pop band's new album is being hailed as a 'breakthrough'

RICHARD PECKETT
Metro World News in London

"Why is everyone imagining there's something wrong with me?" queries Joseph Mount, singer for English electro-pop band Metronomy.

People think he's in relationship meltdown, thanks to a few lovesick songs from the maestro's latest album. He's not, and the simpering is as welcome as that insincere offer of "If you ever want to talk about it, you know I'm here."

In truth, the 31-year-old auteur has every reason to be as euphoric as the Love Letters title track's chorus thanks to strong sales. Mount and his bandmates — Gbenga Adelenkan (bass guitar), Anna Prior (drums) and Oscar Cash (gui-

Quoted

"I don't think it's going to be a breakthrough record. But you do get closer to holding to badge of being known as an English band."

Metronomy singer Joseph Mount

tar) — have once again had a change of tune for their fourth studio album, taking their retro-infused record back to the sound of the '60s.

Love Letters is being referred to as a 'breakthrough.' Does that add pressure on you to perform?

Funnily enough, it does in a way. It doesn't add pressure on me but it does make the situation a bit more pressurized. It's already got to number 7 in the [British] charts and it's selling really well. If breakthrough means we're going to get played on BBC Radio 1, then I don't think it's

going to be a breakthrough record. But you do get closer to holding the badge of being known as an English band. Each record we're getting closer to being part of the establishment.

Is it important to keep that Englishness at the core of your music?

The more I experience American attitudes toward English music, the more I want it to be English.

Americans lap up the accent and our quaint culture.

[Chuckles] Well, yeah. But then some English music seems such an alien thing to them.

Your album's called Love Letters, so have you ever sent one?

I have. Well, they were probably never sent but I did used to write nice affectionate letters to girlfriends.

Were they handwritten letters?

Of course, yeah.



Metronomy is enjoying strong sales of their album Love Letters. CONTRIBUTED

It's a scary time for the horror spoof

A Haunted House 2. Marlon Wayans talks about the difficulty of making funny movies on shoestring budgets

NED EHRBAR
Metro World News in Hollywood

Marlon Wayans is back to one of his old standbys: spoofing popular horror flicks, this time in A Haunted House 2, the franchise he kicked off last year just as the Scary Movie series — which Wayans helped launch — seemed to run out of gas.

Your character asks an interesting question in this movie: When will they stop making Scary Movie sequels without a Wayans involved? I think now (laughs). I think Part 5, that was it. I saw Bob Weinstein and he was like, "Yeah, I think I'm going to let it rest, go on to do other things, but



A Haunted House 2 opens in select theatres this weekend. CONTRIBUTED

I'm thankful you killed my franchise." I said, "I didn't kill your franchise. I gave you a shot at A Haunted House, and you said no."

Budgets for horror movies have been getting smaller. Does that mean budgets

for movies spoofing horror movies been shrinking as well?

It's harder, definitely, because they expect you to make a comedy for cheaper. When you're parodying something, you still need the practical effects and

the visuals, depending on what you're making fun of. I'm happy that Paranormal Activity was so inexpensive to make, because that was easier to do. But it's hard to do comedy for a low budget. We made the first one for \$1.7 million and this one for

Quoted

"When you're parodying something, you still need the practical effects and the visuals, depending on what you're making fun of."

Marlon Wayans on why making comedy isn't always that cheap.

\$3 million. Hopefully by the next one I can have a trailer.

How do you handle splitting your attention between being an actor, producer and co-writer on this?

I have ADD, I think, and I'm not on medicine. My only medicine is the fact that I get to do a bunch of stuff. That keeps me the most focused. It's weird. I love producing, I love hiring everybody and putting the band together, I love writing and I love performing. I think the whole experience allows me to use every last single thing I know. It's good to apply yourself fully to your project.

It keeps me sane.

Can you enjoy simply watching a scary movie now, or does the parody part of your brain not shut off?

That part of my brain stays on. I can't go to any movie and enjoy it. I'm constantly thinking about what could be funny. I just can't turn it off.

It's been 40 years since Blazing Saddles, a kind of comedy a studio wouldn't make any more due to its biting humour.

Times have changed, yeah. But I get why, because corporations bought the studios and the networks, and now there's a different agenda. People have to adhere to that and use their creativity in a whole different capacity. You have to channel it and do respectful content that's going to sell ad space. Your product has to be a business. It has to make dollars in order to make any sense. That's why I do them independently, so that I can keep my scatological integrity.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

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The Word

Hats off to the fashion forward folk at the MTV Movie Awards

PAT HEALY
Metro World News

Pharrell Williams, what have you wrought?

Men, women and cats all donned hats at Sunday night's MTV Movie Awards — with mixed results.

Johnny Depp is no stranger to the fedora and usually the star can pull off any look, but his entire ensemble on Sunday night made him look like a Steampunk gangster from New Jersey.

I'm not sure what Hana



Johnny Depp's ensemble made him look like a Steampunk gangster from New Jersey. ALL PHOTOS: GETTY IMAGES



Grumpy Cat took the hat trend to heart at the MTV Movie Awards.

Mae Lee looked like with her cigarette cap, other than a woman who looks like she wants attention to be paid to her (it worked!).

Oscar-winner Jared Leto

wore an oversized straw cap while Kesha looked like a "Flowers in the Attic" reject in a goth felt cap.

Finally, no hat recap would be complete without this shot

of Grumpy Cat wearing the Pharrell Williams' trademark Vivienne Westwood "Mountain" hat.

British people, take note: THIS is how you wear a hat.

Does the green-eyed monster haunt Pitt-Jolie?

It turns out there's more to that Star magazine report about life inside Brad Pitt and Angelina Jolie's home. Aside from Jolie's alleged control freak ways and their kids' wild behaviour, there's apparently still the spectre of Jennifer Aniston hanging over their relationship. Sources say the "super-vindictive" Jolie "hates

Jennifer Aniston still and is very competitive with her," both personally and professionally. And it probably doesn't help that the A-list pair reportedly worry about each other's fidelity. "Both of them are insecure about the relationship," the source explains. "She worries that he cheats, and he thinks she'll cheat because she's 12

years younger than he is." But despite these supposed issues, the source admits Jolie and Pitt remain "insanely devoted" to each other. "She fell for him the minute they met, and he loves the way she is into him," the source says. "They go at it like rabbits. They are very kinky and will spontaneously hook up any chance they get."

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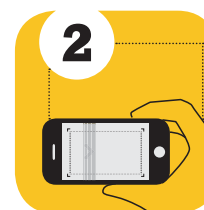
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Hit the road: Your body will really thank you for it

You think you're being smart by going to the gym — you're not.

The treadmill won't make you a better runner, and here's why

ROMINA MCGUINNESS
romina.mcguinness@metro.lu

So, you're happier at the gym. We get it — you're petrified of tripping and smashing your knees (ribs, shoulders, face, etc.) against the concrete pavement. But although being inside means not having to deal with gale-force winds, car fumes or crazy cyclists, it's not any safer.

Want to be fast and strong? Go outside

Roadside running gets a bad rap for a lot of unfair reasons, but the hardness doesn't mean it's hurting you, says fitness expert Scott Francis.

"Outside, you're able to deviate your left to right stride — your body moves freely," he tells us.

London-based running coach and Saucony spokesperson Nick Anderson agrees.

"Even if you're on what you perceive is a pretty flat pavement, your foot is having to adjust its angle every time it hits the ground, which is always slightly uneven. The muscles have to work hard in order to stabilize the foot as it

goes through its landing and taking off phase, meaning you need to generate more force than if you were on a treadmill."

So many people think that they're doing their body a favour by choosing to run at the gym ... but the truth is, they're not.

"You're going really quite fast — a lot quicker than you would be on the road, but it's got nothing to do with speed. The surface you're on is completely flat and that's not running but jumping up and down on the spot.

"When you're on a treadmill, you're in this weird limbo — consciously staying in lane, subconsciously bouncing out of it. You're throwing your hips and knees dangerously off-balance and potentially doing a lot of damage to your joints," warns Francis.

There is no 'proper' way to run

There's this common misconception that the longer your stride, the faster you'll run. Wrong!

Putting the foot so far out in front can cause a lot of strain on the body.

"Run tall, with a slight forward lean, short stride and let your foot land underneath you rather than ahead of you. This way, less force will travel up through the body and you'll be lighter on your feet," says Anderson.

Not quite sure what he means by this?



On a treadmill you can throw your knees and hips off-balance. THINKSTOCK

Francis has a trick to visualize how to run this way.

"Think 'heel toe, heel toe'. put your palm and wrist on the table and lay your hand out flat. Keeping your hand still, come up on your fingertips and drag your fingers back towards your body — that's (more or less) the cor-

rect way to run," he explains.

Match your shoe to you

The shoe is the last part of the equation. If everyone had their running gait and stride analyzed, the dangers

Quote

"Running is one of the most natural motions for our body — as instinctive as walking or sleeping — and yet we get it so wrong."

Scott Francis, performance strategist and life coach

of running outdoors would be far lower. "You're dealing with anything from three to seven times your weight going through your body at the point of impact. Not only does the shoe need to fit, it needs to match your running style," says Anderson.

"People tend to buy their trainers one size too small because everyday footwear is usually worn quite tight. But the foot expands as you run, so you need there to be half a thumb's width of space at the front (from your big toe to the end of the shoe).

"Ideally everyone should have their arch analyzed (most shops do this for free!) in order to figure out how their foot strikes the ground — on the forefoot, midfoot, heel or extreme heel," adds Francis.

The best is to try on several pairs and look at different brands, making sure the shoe is built with cushioning and support and that the sole grips the floor well. Once you've done all of that you're ready to go — outside, of course.

3

You can transform the future for brain tumour patients and survivors.



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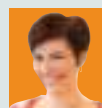
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Health Solutions

An apple a day ... you know the rest



NUTRI-BITES
Theresa Albert
DHN, RNCPT
myfriendinfood.com

Everyone knows that all fresh apples are harvested and only at their peak in the fall, right? Wrong!

It is true that most apples you find on the shelves at this time of year are long past their prime. They were picked in the fall and intended to be enjoyed by Christmas or made into pie.

There is one exception: Red Prince.

Grower Marium Botden says, "Red Princes are harvested in the fall like other local apples but are celled in sealed, controlled atmosphere storage to allow the flavour to mature, in a process similar to wine. Most of the oxygen is removed and they add in CO₂ so the apples go to sleep. When

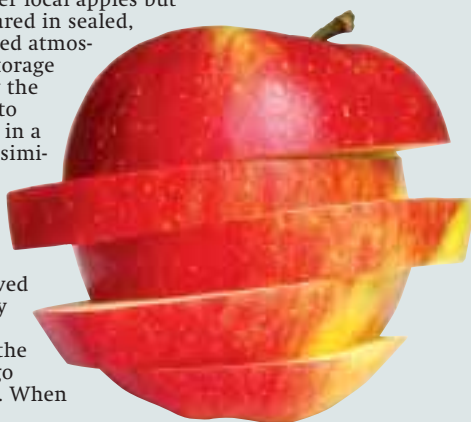
they come out of storage months later, the natural sugar or 'brix' stays high, but the natural acid goes down.

"This results in a crispy, juicy bite and a robust, tangy-sweet flavour."

This means that they are crisp, ripe and ready when other apples are as sick of a long cold winter hibernation as the rest of us.

These apples work well eaten out of hand, in fresh salads and can also be cooked or baked. Like all apples, they're high in antioxidants as indicated by deep red colour of the skin.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



THERESA ALBERT
myfriendinfood.com

FLASH FOOD



From your fridge to your table in 30 minutes or less

This quick and easy-to-prepare weeknight meal is sweet and comforting.

It only requires a few minutes of stovetop work and then the oven baking does the rest. All you really need is a salad and a nice bottle of white wine. Oh, go ahead, light a candle, too.

1. Preheat oven to 400°F.
2. In a sauté pan, sear chicken pieces in oil until golden brown. Place chicken pieces in a roasting pan.
3. In the sauté pan, heat

Ingredients

- 8-12 chicken drumsticks
- 1 tbsp (15 ml) grapeseed oil
- 1 large garlic clove, minced
- 1 cup (250 ml) sweet onion diced
- 1 lb (500 ml) fresh white button mushrooms
- 4 Medium Red Prince Apples, chopped in 1/2 inch chunks (approx. 4 cups/1000 ml)
- 1 cup (250 ml) dry white wine
- 1 tbsp (15 ml) chopped fresh thyme
- 1 cup (250 ml) chicken stock



This recipe serves six. COURTESY THERESA ALBERT

TOTAL TIME
ABOUT 30 MINUTES

oil and sauté garlic, onions, mushrooms and apple chunks till softened and slightly browned. Deglaze pan with white wine and boil 2-5 minutes to reduce. Add, thyme and chicken stock to

sauté pan and mix well. Pour ingredients over chicken in roasting pan and place in oven uncovered for 20-25 minutes or until chicken skin is golden and crispy, basting once half way through with

pan juices. **RECIPE COURTESY COURTESY REDPRINCEAPPLE.CA/ THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**

Ingredients

- For the dressing**
- 2 tbsp cider vinegar
 - 2 tbsp lemon juice
 - 1/2 cup mayonnaise
 - 2 tbsp sugar
 - 1/2 tsp kosher salt

- For the salad**
- 1 large bunch (about 1 lb) Tuscan kale, stems torn or cut

- out, leaves torn into small pieces
- 1/3 cup dried apricots, julienned
- 1/3 cup pumpkin seeds
- 2 oz manchego cheese, grated
- 1 Pink Lady apple, cored and cut into thin half moons
- Ground black pepper

coat well, then set aside for 10 minutes. After 10 minutes, toss again to coat well.

3. Sprinkle apricots, pumpkin seeds and cheese over dressed kale. Toss again to distribute. Season with pep-

per and additional salt, if needed. Fan thin slices of apple over the top of salad and serve.

THE ASSOCIATED PRESS/ELIZABETH KARMEL, AUTHOR OF SOAKED, SLATHERED AND SEASONED.

Lunch. Kale Salad with Apples, Apricots and Manchego Cheese

Once you start eating kale, it will become the "new normal" base for your salads. It has a more robust flavour and texture than lettuce, and is good for you, too.

Black kale — also called Tuscan kale — is the best choice for salads. It has soft leaves and is not prickly or curly. It still needs to be de-stemmed and the leaves need to be torn, but it isn't

as tough as curly kale. Baby kale is the easiest kale to use because all you need to do is wash and dry the leaves and finish making the salad.

1. Dressing: In a large bowl whisk the vinegar, lemon juice, mayonnaise, sugar and salt.

2. Add the kale and toss to



NHL

Bernier adds hernia operation to offseason prep

Toronto Maple Leafs goaltender Jonathan Bernier will undergo surgery to repair a sports hernia.

He says he will have the operation Wednesday and be ready in time for training camp in September.

Bernier missed five games in March due to the injury.

He then aggravated the problem on April 3 against the Bruins and finished the season on the sidelines.

"I felt pretty good," he said. "It was sore but my range, my stretching was fine. I think a lot of players play through that."

Meanwhile, forward Joffrey Lupul says he's recovering after knee surgery and doesn't expect his off-season training to be impacted.

Forward Phil Kessel says he was "good enough" through the end of the season despite a bruised right foot, while James van Riemsdyk wouldn't reveal any specifics on his injury.

Bernier was 26-19-7 with a 2.68 goals-against average and a .923 save percentage this season.

The Leafs missed the playoffs after posting a dismal 6-14-2 record down the stretch. **THE CANADIAN PRESS**



Leafs goalie Jonathan Bernier will undergo surgery.

HARRY HOW/GETTY IMAGES

Shanahan expected to force culture shock

Leafs. New president to conduct thorough assessment before delivering exit papers

Brendan Shanahan was brought in to change the culture of the Toronto Maple Leafs. How the new team president plans to do that remains a mystery.

In introducing Shanahan on Monday, Maple Leaf Sports and Entertainment president Tim Leiweke made it clear that he wasn't happy with the "character" and "culture" of the team.

"I'm not sure the Leafs have (the right culture)," Leiweke said. "I definitely sense that we lack an identity, and right now we're a team that lacks a direction and we want to change that."

It's up to Shanahan and general manager Dave Nonis to do it, but no clear direction for the organization was spelled out on Shanahan's "first day at work." The 45-year-old Hall of Famer has a plan, and though he and Leiweke didn't get into specifics, plenty of changes are expected.

"I have some ideas in my head about direction, but I think that at the same time ... those are subject to change," Shanahan said. "I think that it's very important for people, especially in sports, to have the ability to evolve and to make changes."

Change could come in the form of firing coach Randy Carlyle, whose vision for winning hockey didn't seem to fit with the Toronto roster. And



Newly hired Maple Leafs president Brendan Shanahan smiles during a press conference in Toronto on Monday. Scan the above image with the Metro News app to see a photo gallery of Shanahan's hockey career dating back to 1989. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

Handing over the reins

"This is Brendan's team, it's his culture, and at the end of the day he makes all the decisions, and we're going to support that 100 per cent." MLSE president Tim Leiweke

it could come in the form of many different players being on the ice opening night this fall than were around for Monday's locker clean-out.

But Shanahan and Nonis insist the immediate job is to step back and make an assessment of where the organization is as a whole. Even though

each man called Carlyle a "good coach," it's difficult to point to things like identity, culture and character without at least considering the next step.

"You all saw the team this year, I think we didn't have the identity," Leiweke said. "I think Randy tried to create the

identity. To the guys' credit last year, they bought into that, and they took on Randy's identity, I don't think that happened this year."

Shanahan, who grew up in the Toronto neighbourhood of Mimico and previously worked for the NHL as the director of player safety, is expected to shape this team's identity. It's just not clear how he intends to do that.

"Dave and I are going to ... talk about how we see the best way to play for our team going forward," Shanahan said. **THE CANADIAN PRESS**

Preds end Trotz's marathon stint in Nashville

Barry Trotz, the NHL's longest tenured head coach with one team and the only coach the Predators have ever known, will not be back for a 16th season with Nashville.

The Predators announced Monday they have told Trotz his contract will not be renewed and that they are starting a search for a new coach immediately. Trotz is being offered a job in the team's hockey operations department, though the two-time Jack Adams finalist could be a top coaching target for other

By the numbers

1,196

Trotz's 1,196 games with Nashville puts him second only to Gregg Popovich of the NBA's San Antonio Spurs for longest active coaching tenure in the four major sports.

teams.

Missing the playoffs two straight seasons — the first time since 2001-02 and 2002-03 — was too much for a franchise that needs to reach the post-season to sell tickets and gen-

erate crucial revenue. Trotz's contract expires June 30.

"Our organization has high expectations and we have not met them in the past two seasons," general manager David Poile said in a statement.

"As a result, it is my decision and determination that we need a new voice and a new direction.... Our goal is to return to the playoffs with the ultimate goal of contending for the Stanley Cup. We know that once we get into the playoffs, anything is possible."

THE ASSOCIATED PRESS



Predators head coach Barry Trotz talks with his players during a timeout in a game against the Blackhawks on Saturday. The team announced Monday that Trotz's contract will not be extended. MARK HUMPHREY/THE ASSOCIATED PRESS

4 SPORTS

Phelps makes a splash by diving back into the pool

Coming out of retirement. Baltimore Bullet has been training and will compete next week

Michael Phelps is coming out of retirement, lured back into the pool by the fun of it and the possibility of swimming at a fifth Olympics in Rio in 2016.

The 22-time Olympic medalist will compete for the first time since the 2012 London Games at a meet in Mesa, Ariz., on April 24-26.

Bob Bowman, the swimmer's longtime coach, told The Associated Press on Monday that Phelps is entered in

The resumé

Michael Phelps turns 29 in June and is the winningest and most decorated athlete in Olympic history.

- He captured 18 gold medals and 22 medals overall at the last three Summer Games.
- He broke Mark Spitz's record for a single Olympics by winning eight gold medals at Beijing in 2008.

three events — the 50- and 100-metre freestyles and the 100-metre butterfly.

"I think he's just going to test the waters a little bit and see how it goes," Bowman said by phone from Baltimore. "I wouldn't say it's a full-fledged comeback."

Phelps returned to training last fall and re-entered the U.S. drug-testing program. He has completed his six-month waiting period by the U.S. Anti-Doping Agency to be eligible for competition.

Bowman said Phelps is "pretty far" from being back in top form. He's been training Monday through Friday with Bowman's team at the North Baltimore Aquatic Club in his hometown.

"He's gotten back into good shape since September," the coach said. "He can give a good effort and certainly not be embarrassed. He's in enough shape to swim competitively."

THE ASSOCIATED PRESS



Michael Phelps is coming out of retirement, the first step toward possibly swimming at the 2016 Rio Olympics. He will compete at a meet in Mesa, Ariz., on April 24-26. THE ASSOCIATED PRESS FILE



Joe Dumars GETTY IMAGES FILE

NBA. Dumars officially steps down as Pistons president

For the first time in nearly three decades, Joe Dumars won't play a major role in shaping the future of the Detroit Pistons.

Dumars stepped down as Detroit's president of basketball operations Monday, a day after the Pistons lost their

home finale and fell to 29-52 with one game remaining in the season. Detroit will miss the post-season for a fifth consecutive year.

"It's time to turn the page on a wonderful chapter and begin writing a new one," Dumars said in a state-

ment. "I've had the pleasure of working with some great people throughout the last 29 years as both a player and executive, and I'm proud of our accomplishments. Tom Gores and ownership is committed to winning and they will continue to move the

franchise forward."

Gores took over as owner in 2011, with the team clearly in a rebuilding mode, but expectations were higher this season after the Pistons signed Josh Smith and traded for Brandon Jennings. The new-look roster flopped, and

now somebody else will be in charge of the next effort to bring Detroit back to the post-season.

Dumars, who played 14 years in the NBA as a Piston, will remain an adviser to the ownership team.

THE ASSOCIATED PRESS

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Horoscopes

Aries

March 21 - April 20

There seems to be a barrier of some kind between you and other people, no doubt caused by today's lunar eclipse in your opposite sign. Don't worry. The cosmic tide will turn.

Taurus

April 21 - May 21

Are you working more for other people than you are for yourself? If so, it's time to get a grip on the situation. Let those who are taking advantage of you know that this is as far as it goes – and mean it.

Gemini

May 22 - June 21

The planets warn you must not pretend that certain things are true when they clearly are not – it could be a costly mistake. If you must take a risk at least wait until the effects of the current eclipse wane.

Cancer

June 22 - July 23

Spell out in plain and simple language what it is you expect of other people. Both at home and at work misunderstandings are likely today, so make sure everyone knows what they should be doing.

Leo

July 24 - Aug. 23

By all means listen to what friends and family members have to tell you but don't think for a moment it's all true. Act as if you have not yet heard the whole story.

Virgo

Aug. 24 - Sept. 23

Be extra careful when dealing with money matters and business issues. Anything that sounds too good to be true most likely is, so check everything, even from trusted sources.

Libra

Sept. 24 - Oct. 23

Today's lunar eclipse in your sign is sure to confuse things, so promise yourself no matter what happens you won't get upset about it. In a matter of days it will all be forgotten.

Scorpio

Oct. 24 - Nov. 22

Whatever happens today, be it good, bad or indifferent, you must treat it as if it is of no real importance. If you allow feelings to guide you then your fears will most likely take over.

Sagittarius

Nov. 23 - Dec. 21

Don't think too hard about something that appears wholly illogical. A number of strange, even bizarre, things are likely to happen but none of them can do you harm.

Capricorn

Dec. 22 - Jan. 20

This is the sort of day when it is probably best to keep your plans to yourself. You don't have to be dishonest but it will pay you to be evasive. Others have no right to know about your aims and ambitions.

Aquarius

Jan. 21 - Feb. 19

Today's eclipse warns you need to take care, especially when socializing and traveling. If you do too much there is a danger you could exhaust yourself – and you'll still have all those chores to finish.

Pisces

Feb. 20 - March 20

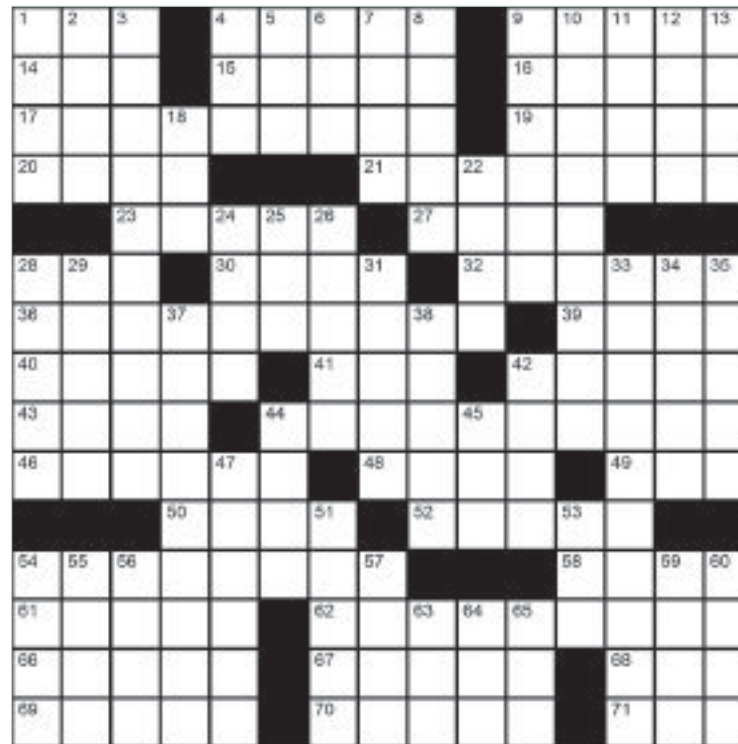
You will be tempted to cut corners in some way today – and that could be a big mistake. Any small gains you make will be wiped out by big losses later on.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Halfway
4. Calendar parts
9. Jostle
14. A little ___ lot
15. Fess up to
16. Less blushful
17. "Out of My Head" band from Hamilton
19. Excludes
20. Less than twice
21. Directions/info giver on roads, highways, etc.
23. Discharge
27. Scolds
28. On holiday from work
30. Sight from a lookout
32. Recreation room amenity: 2 wds.
36. Body of water in Vancouver: 2 wds.
39. 2002-debuting coin
40. 'Punny' joke reaction
41. Mr. Mineo
42. ___ Calrissian, Billy Dee Williams in "The Empire Strikes Back" (1980)
43. Ancient Greek coin
44. Named after the American who founded it in 1909, this British department store is owned by Canadian tycoons The Weston Family
46. Skin-related
48. Per ___ (Daily)



49. 'Differ' suffix
50. Norwegian king, variantly
52. Stately
54. "___ Girl" by Neil Young
58. Town that's east of Toronto
61. 'Parliament' suffix

62. Boreal burrower
66. Prefix to 'mony' (Marriage)
67. The blahs
68. W.C.'s co-star
69. Looks
70. Find the sum again
71. Sleuths, e.g.

Down

1. Magic's spell
2. Lady Antebellum's "___ to You"
3. Setting of Madonna's "Vogue": 2 wds.
4. Cryer's sound!
5. Tokyo, once

6. Down Under bird
7. Rock band
8. Writer Gertrude
9. Soppor-upper
10. Posh town on Montreal Island
11. Mixture
12. Checks for accuracy

13. In the past, in poetry
18. Powder ___
22. Look bewilderedly
24. ___-steven
25. As written
26. Short
28. Meg Tilly movie, "Agnes ___" (1985)
29. "___ it from me to..."
31. English woodland
33. Leap of faith taken by a thrill seeker: 2 wds.
34. Forest of ___ (Setting of Shakespeare's As You Like It)
35. Henhouse
37. B.C. city on Shuswap Lake: 2 wds.
38. Sprite-like
42. Tree's one-of-some
44. Criticize
45. ___ Speedwagon
47. Ms. Morissette
51. Wedding oath taker
53. CNN correspondent, Kyung ___
54. Pics-taking devices
55. Latin hymn: "Dies ___"
56. Evening, informally
57. Not any
59. Juice berry
60. Vintage models of Jags
63. ___ break
64. Stinker
65. "El ___" (1961)

Yesterday's Crossword

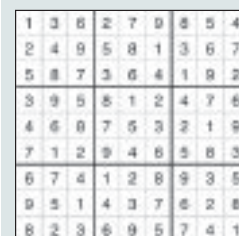


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

0°/-8°

Flurries

60%

Wednesday

-4°/-8°

Variable

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